

The prayer (Salah) times are:

1- Time for Fajr (dawn) prayer:

From the appearance of the true dawn - the whiteness (white light) that appears from the direction of the east - until when the sun rises.

2- Time for Dhur (noon) prayer:

From when the sun moves away from the meridian (post meridiem) until when the shadow of an object is up to its length, (i.e. this shadow is) after the first shadow cast by the sun before it changes direction away from the meridian. This is because every object casts its shadow towards the west and this diminishes continuously as the sun rises. Eventually the shadow ceases to diminish and thereafter starts to increase in length (elongate). The time when this elongation starts marks the midday (meridiem).

3- Time for 'Asr prayer:

From the end of the time of Dhur prayer until when the shadow of an object doubles its height (length), (i.e. this shadow is) after the first shadow cast by the sun before it changes direction away from the meridian.

4- Time for Maghrib (sunset) prayer:

From the sunset until when the red glow disappears. The red glow is the red light which appears at the horizon during the course of the sun setting.

5- Time for 'Isha prayer:

From the end of Maghrib's time until the middle of the night, since the Prophet ﷺ said: "...the time of Salat ul-'Isha extends to the middle of the night." [Source: Muslim.]

However, in this day and age the prayer times can be known easily through the use of prayer calendars.

Source: <https://www.al-feqh.com/en/conditions-of-the-validity-of-salat>